



Dormition & District Ukrainian Catholic Parishes

120 105th Street West Saskatoon, SK S7N 1N2

www.dormitionsaskatoon.ca

Parish Office: (306) 652-4837 admin.ducc@sasktel.net Fr. Andre: (306) 280-2941

Dormition of the Most Holy Mother of God – **Saskatoon**

Sacred Heart – **Hawruliuke** Sacred Heart – **Vonda** St. John the Baptist – **Smuts** St. John the Evangelist – **Prud'homme**
St. Volodymyr the Great – **Laniwci** Ss. Peter & Paul – **Bodnari** Ss. Peter & Paul – **Borschiw**

March 21, 2021 – Fourth Sunday of Great Lent

Glory to Jesus Christ!

There is no sinner who cannot repent and become a great saint. To encourage us towards this end, on this 5th Sunday of Great Lent, the Church remembers St. Mary of the Desert, or St. Mary of Egypt. Though she had been baptized as a child, she was not at all interested in the faith. In fact, she became a successful prostitute, and even joined a pilgrimage boat to Palestine in search of new customers. However, in Jerusalem, God's grace moved Mary to repentance, and she went out into the desert beyond the Jordan, where she lived the life of a hermit for many years, and ultimately, became a saint. The life of St. Mary of Egypt reminds us that despite how we might feel about ourselves, we should never despair over our sins. The possibility of repentance is always open to us. Perhaps this is just another way that God surprises us!

Members of our Ukrainian Catholic Women's League have been very busy over the past few weeks baking Easter breads and making traditional foods for Easter. Advance ordering is available to parishioners of Dormition & District Parishes now at <https://form.jotform.com/200786405944258> or calling 306-290-7969.

Each week we celebrate a Liturgy intention for individual or family members of our parish community (in alphabetical order). It's another way we can pray for each other during these days of being distanced. This week (Sunday, March 21 @ 5:00PM) we pray for the **Emde Family**.

Peace be with you,
Fr. André

UPCOMING LITURGIES & EVENTS: March 21-28, 2021

Date	Time	Location	Event
Sun, 21 March <i>5th Sunday of the Great Fast</i>	9:30AM	Dormition-Church Livestreamed	Divine Liturgy: For Our Parishioners
	5:00PM	Dormition-Church	Divine Liturgy: God's Blessings – Emde Family
Tues, 23 March	7:30PM	Online via Zoom	Parish Executive Meeting
Wed, 24 March	6:30PM	Dormition-Church Livestreamed	Pre-Sanctified Liturgy: +Frank Karain
Thurs, 25 March <i>Annunciation</i>	6:30PM	Dormition-Church	Feast Day Liturgy: For all Parishioners of our Pastoral District
Fri, 26 March	11:30AM	STM College Chapel Facebook Live	Divine Liturgy: +Stan Nowakowski (Bernie Bodnar Family)
	6:30PM	Dormition-Church Livestreamed	Pre-Sanctified Liturgy: +Koni Lalach (KofC Council 13129)
Sat, 27 March <i>Lazarus Saturday</i>	9:00AM	Dormition-Church Livestreamed	Divine Liturgy: God's Blessings – Rose Worona (Prayer Partner)
	10am-3pm	Dormition-Church	Confessions (Book a 10-Minute Appointment)
	5:00PM	Dormition-Church Livestreamed	Great Vespers
Sun, 28 March <i>Palm Sunday</i>	9:30AM	Dormition-Church Livestreamed	Divine Liturgy: For Our Parishioners
	5:00PM	Dormition-Church	Divine Liturgy: God's Blessings – Fedoriuk Family

Liturgical Ministry Schedule

Date	Time	Welcomers	Epistle Reader
21 March	9:30AM	Stefanyshyn-Alonso Family	Annette Rudyk
28 March	9:30AM	Don & Lydia Gabbruch	Mary McKinnon

Prayer for Spiritual Communion

My Jesus, I believe that You are present in these Holy Gifts! I love You above all things and I desire to receive You into my soul. Since I cannot receive You now, I place before You my whole life and hope, O loving Master; and I ask, pray, and entreat You: Make me worthy to partake in a mystical way and with a pure conscience of Your awesome and heavenly Mysteries: for forgiveness of sins, for the pardon of offenses, for communion of the Holy Spirit, for the inheritance of the kingdom of heaven, for confidence before You, and not for judgment or condemnation. I embrace You as You enter and abide in me, and I unite myself completely to You. Permeate my soul and body, and never permit me to be separated from You. Amen.

PLEASE PRAY FOR...

Alex Skakun; Jules Chrusch; Rose Chrusch; Tina Wesolowski; Bill Muzyka; Johanna Bidulka; Albert/Genevieve Zaiachkowski; Al Pobran; Roman Hyshka, Steph Cooley; Nikolas Stefanyshyn; Carlie, Chance and Caitlyn Rothwell; Jim Smith; Al Pobran; Morgan Miller, Kyrell Sopotyk.

Please remember in your prayers those who are in hospitals, care homes and those who are not able to join us actively in our community. If you would like to have your name or a loved one added to the "PLEASE PRAY FOR" list, please call the parish office at 306-652-4837 or send an email to admin.ducc@sasktel.net.

Quick Links:

- [Sunday Divine Liturgy Registration \(9:30AM or 5:00PM\)](#)
(Registration Deadline: 6PM Saturdays. Registration for children 5 & under not required)
- [Livestreamed Liturgy on YouTube](#)
- [Livestreamed Liturgy on Facebook](#)
- Support your parish using [Pre-Authorized Debit \(PAD\)](#)
- Support your parish via E-Transfer: treasurerdormitionucc@gmail.com.

The **2020 Annual General Meeting** for Dormition Parish was held on Sunday, March 7th. A note of gratitude to Myron Glova for producing the Zoom meeting and audio/video details. If you were unable to attend the meeting in-person or via Zoom, here is a link to a video of proceedings: <https://youtu.be/RBoJFxU06FA>. God's Blessings to our **2021 Dormition Parish Council Roster**:

Executive Members		Committee Members	
Parish Priest	Fr. André Lalach	Audit	Terry Letwin
President	Don Gabruch	Children's Catechetical	Vacant (volunteers?)
1st Vice President	Leanne Shynkaruk	Adult Catechetical	Carol Zubiak
2nd Vice President	Jana Lalach	Covenant of Care	Jonathan Abrametz
Secretary	Annette Rudyk	Building & Property	Morris Yakubowski
Treasurer	Tim Lalach	Renovation	Jean Alonso
Past President	Jean Alonso	Hall Booking	Gord Worona
Organizations		Communications	Myron Glova
UCWL	Marcie Lalach (President)	Eparchial Appeal	Myron Glova
Knights of Columbus	Darryl Adamko (GK)	Membership	Maureen Chrusch
		Treasurer Assistant	Gord Worona
		Justice & Peace	Nadia Stadnyk
		Sacristans/Servers	Mitchell Smith
		Eucharistic Ministry	Norbert Wasylenko
		Social & Special Events	Carla Adamko/Therese Skomar
		Spiritual & Liturgical	Deb Lendzyk-Sorestad

MARCH EPARCHIAL COLLECTION – Our Eparchy has determined the special collection for the month of March will be allocated for **Catholic Missions in Canada**. If you would like to contribute to this cause, please use our regular collection envelopes and check off "Special Collection" on the front of the envelope, and "March-Catholic Missions in Canada" on the back.

For Your Information: Holy Week & Easter Services:

- All Holy Week and Easter Liturgies will be livestreamed.
- In-person attendance for Liturgy is restricted to 30 people.
- Registration is not required for services on Monday-Thursday of Holy Week.
- Registration is required for in-person attendance for [3PM Good Friday](#), [5PM Holy Saturday](#) and [8AM Easter Sunday](#) Liturgies, and is reserved for parishioners of Dormition & District Parishes only.
- To accommodate a greater number of parishioners given attendance restrictions, please plan to attend only one of the Liturgies on Good Friday, Holy Saturday, or Easter Sunday.

b. **Easter Confessions:** Fr. Andre will be available for 10-minute appointments on [Saturday, March 28](#) between 10am-3pm and [Good Friday, April 2](#) between 11am-2pm. See the schedule below for registration links. Confessions will be celebrated in the church, one person at a time. A screen will be in place to offer greater privacy.

c. **Palm Sunday Willow Distribution:** Due to COVID-19 restrictions, willows will only be distributed to parishioners attending Liturgy in-person that Sunday. [Register to attend in-person](#)

c. **Good Friday Vigil:** Opportunity to spend one hour in prayer at the tomb of Jesus will be available between 4PM-Midnight on Good Friday. A maximum of two families per hour can be accommodated in the church, who will be responsible for sanitizing their pew after their vigil session is completed. [Register to attend](#)

d. **Easter Basket Blessing:** Easter baskets will be blessed in church at the end of the Holy Saturday and Easter Sunday Liturgies for those in attendance. Instructions for blessing baskets at home will be provided in the upcoming Easter bulletin.

Schedule of Holy Week & Easter Services

All Services will be celebrated at Dormition Parish (120 105th Street West)

Date	Time	Event
Saturday, Mar 27	10am-3pm	Confessions (Book a 10-Minute Appointment)
Sunday, Mar 28	9:30am/5pm	Palm Sunday (Register to attend)
Monday, Mar 29	6:30pm	Holy Monday – Pre-Sanctified Liturgy
Tuesday, Mar 30	6:30pm	Holy Tuesday – Pre-Sanctified Liturgy
Wed, March 31	6:30pm	Holy Wednesday – Pre-Sanctified Liturgy
Thursday, April 1	6:30pm	Holy Thursday – Vespers & Liturgy of St. Basil
Friday, April 2	11am-2pm	Confessions (Book a 10-Minute Appointment)
	3:00pm	Good Friday Holy Shroud Service (Register to attend)
	4-Midnight	Good Friday Vigil (Register to attend)
Saturday, April 3	5:00pm	Holy Saturday – Vespers & Liturgy of St. Basil (Register to attend)
Sunday, April 4	8:00am	Resurrection Matins & Easter Liturgy (Register)
Monday, April 5	10:00am	Bright Monday Liturgy

Senior's independent living apartments available at St. Ann's Place and St. Ann's Residence in Saskatoon - Join a vibrant community of seniors living at St. Ann's Residence in their own one-bedroom apartments equipped with temperature control, air-conditioning, fridge, stove, and storage, or experience enriched living apartments at St. Ann's Place with daily nutritious supper and organized social activities. St. Ann's also offers integrated chapel for worship and prayer and includes amenities such as free laundry facilities, centrally located lounges on each floor, and outdoor courtyard and patio areas. For more information, please contact St. Ann's at (306) 374-8900 or visit the website <https://stannsvillage.ca> to complete a tenancy application.

Prayer, Fasting & Almsgiving: The Three Pillars of Lent

1. A SUGGESTION FOR PRAYER

The Prayer of St. Ephrem

O Lord and Master of my life,
Keep from me the spirit of indifference and discouragement,
Lust of power and idle chatter. (*Prostration*)

Instead, grant to me Your servant,
The spirit of wholeness of being, humble-mindedness,
patience and love. (*Prostration*)

O Lord and King,
Grant me the grace to be aware of my sins, and not to judge my neighbour,
For you are Blessed, now and forever (*Prostration*)

2. FASTING? ...Try these Lenten Recipes!

Black Bean Soup

- 3 cans (15 ounces each) black beans, rinsed and drained, divided
- 3 celery ribs with leaves, chopped
- 1 large onion, chopped
- 1 medium sweet red pepper, chopped
- 1 jalapeno pepper, seeded and chopped
- 2 tablespoons olive oil
- 4 garlic cloves, minced
- 2 cans (14-1/2 ounces each) reduced-sodium chicken broth or vegetable broth
- 1 can (14-1/2 ounces) diced tomatoes with green peppers and onions, undrained
- 3 teaspoons ground cumin
- 1-1/2 teaspoons ground coriander
- 1 teaspoon Louisiana-style hot sauce
- 1/4 teaspoon pepper
- 1 bay leaf
- 1 teaspoon lime juice
- 1/2 cup reduced-fat sour cream

1/4 cup chopped green onions

In a small bowl, mash 1 can black beans; set aside. In a large saucepan, saute the celery, onion, red pepper and jalapeno in oil until tender. Add garlic; cook 1 minute longer.

Stir in the broth, tomatoes, cumin, coriander, hot sauce, pepper, bay leaf, mashed black beans and remaining whole beans. Bring to a boil. Reduce heat; cover and simmer for 15 minutes.

Discard bay leaf. Stir in lime juice. Garnish each serving with 1 tablespoon sour cream and 1-1/2 teaspoons green onion.

3. SOME SUGGESTIONS FOR ALMSGIVING...

1. Saskatoon Food Bank and Learning Centre

Donate directly to Food Bank. 306-664-6565. Purchase food and place it in bins provided in your grocery store. Items most needed include: any non-perishable items for adults, children and babies.

2. **Development and Peace Share Lent 2021** – Solidarity Sunday is celebrated on the Fifth Sunday in Lent in parishes across Canada, with donations collected for Development and Peace / Caritas Canada's work in the Global South. To donate online, sign up for monthly giving, or for more information about the work of Development Peace and this year's Share Love, Share Lent campaign, please visit the website at:

<https://www.devp.org/en/campaign/sharelove>.

QUEEN'S HOUSE RETREAT & RENEWAL CENTRE PROGRAMMING

601 Taylor Street W, Saskatoon, SK S7M 0C9

Phone: 306-242-1916 • Email: receptionist@queenshouse.org • Website: www.queenshouse.org

QUEEN'S HOUSE RETREAT AND RENEWAL CENTRE welcomes you! Our programming combines in-person and online events using Zoom. Please visit our webpage for a list of all upcoming programs and to register for all programs:

http://www.queenshouse.org/?page_id=4399 *Nourish Your Mind and Nurture Your Spirit at Queen's House!*

For inquiries/additional information contact Sarah Donnelly, Programming Director: 306-242-1916 x226.

- **A LENT/HOLY WEEK RETREAT: FROM YESTERDAY TO TOMORROW IN A TIME OF PANDEMIC** - Facilitators: Nancy Phillips and Julien Fradette. Offered on Zoom. **Saturday March 27, 9:30 a.m. - 4:30 p.m.** This past year has required us to live differently. For some, the adjustment to this journey has been slight, for others monumental. In whatever way we have experienced this time, we are all called to find new ways of living as we transition from yesterday to tomorrow. Using themes from the Paschal Mystery this retreat will provide opportunity to reflect on the experience of yesterday's losses and accompanying process of grieving. These insights will allow us to open space within ourselves to live tomorrow with a new richness in our daily lives. Cost: \$75. A minimum of 9 participants are needed to offer this program - registration deadline: **March 25.**
- **CENTERING PRAYER** – all are welcome to gather in-person at Queen's House or virtually on Zoom on **Monday evenings, 7:00 – 8:15 p.m.** Fr. Paul Fachet, OMI will provide leadership and guidance for these gatherings, and additional insights regarding contemplation and centering prayer from the great teachers will be part of every evening. No fee – donations to Queen's House welcome. Register online to receive the Zoom invitation/let us know that you will be coming in person. Next gathering: **Monday March 22.** Registration deadline: **March 22, 12pm.** Call 306-242-1916 for further information.
- **KNIGHTS OF COLUMBUS BROTHERS' KEEPERS BREAKFASTS** - Second Tuesday morning of each month. In this time of restrictions regarding personal gatherings and meals served, please contact Brendan for additional details: 306-242-1916 x225.
- **BEREAVED CAREGIVERS: LIVING THROUGH LOSS** with Brenda Gibbs - a support group held at Queen's House following all physical distancing protocols. **Six Wednesday Afternoons, April 14 - May 19, 1:00 - 3:00 p.m.** Caregivers have often experienced years of anticipatory grief caused by the cumulative losses that occurs when a family is expecting a death. Now the vigil is over, and the final grief can be intense. No one grieves the same and there is no single recipe or formula to grief work. All that is needed is a commitment to do the work and grow in your grief. With grief in your heart, you will never be the same again; yet there is hope in finding meaning and reinvesting in your future. Participants must contact Brenda to register - call or text 306-227-7323 or email livingandloss@gmail.com Cost: \$120/6 sessions. Program limited to 5-7 participants. Registration deadline: **April 12.**
- **AN IMAGINATION PILGRIMAGE FOR THE SOUL: Knitting our Lives into the Sacred Landscape of the Earth** - a four-part zoom retreat series with Marg Janick-Grayston. **Mondays, April 19 - May 10, 1:00 - 4:30 p.m.** Although some pilgrims have wandered continuously with no fixed destination, pilgrims more commonly seek a sacred place that deepens their connection with the divine. Over the years people have found spiritual connection by lakes, at vistas, on mountains, and in sacred gardens. During this time when travel has become challenging, this retreat invites us to take an IMAGINARY pilgrimage across Canada, in the company of others. As we journey together, we will reflect upon what a pilgrimage for the soul is and ways that the natural landscapes we encounter under God's clear blue sky might ruminate with our lives and connect us spiritually. Cost: \$120. The retreat is limited to 12 participants. Contact Marg to register: marg@freeflowwellness.ca. Registration deadline: **April 12.**

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2021 Retreat Weekend

April 9 - 11



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