



# THE DIVINE LITURGY

## OF THE

### PRESANCTIFIED GIFTS

#### First Friday of the Great Fast

*~ Please Stand*

*Priest:* Blessed is the kingdom of the Father and of the Son and of the Holy Spirit, now and for ever and ever.

*All:* Amen.

Come, let us adore the King our God.

**Come, let us adore Christ, the King and our God.**

Come, let us adore and bow down to the only Lord Jesus Christ,  
**the King and our God.**

### PSALM 103

Bless the Lord, O my soul!

You are very great, O Lord, my God;

clothed in pomp and brilliance;  
arrayed with light as with a cloak.

Stretching out the sky as a tent-cloth,  
covering Your lofty halls with water,  
You make the clouds Your conveyance.  
You surge on the wings of the wind.

I will sing to the Lord as long as I live.  
I will praise my God as long as I last.  
Would that my thoughts be pleasing to Him:  
and I will rejoice in the Lord.

The sun knows the time of its setting.  
You establish darkness, and it is night.  
How great are Your works, O Lord!  
in wisdom You have wrought them all.

Glory be to the Father, and to the Son, and to the Holy Spirit,  
now and ever and forever. Amen.

Alleluia! Alleluia! Alleluia!  
+ Glory be to You. O God! (3x)

## LITANY OF PEACE

*~ Please be Seated*

*Priest:* In peace, let us pray to the Lord.

*All:* **Lord, have mercy.**

*Priest:* For peace from on high and for the salvation of our souls, let us pray to the Lord.

*All:* **Lord, have mercy.**

*Priest:* For peace throughout the world, for the well-being of God's holy churches and for the unity of all. let us pray to the Lord.

*All:* **Lord, have mercy.**

*Priest:* For this holy church and for all who enter it with faith, reverence, and fear of God, let us pray to the Lord.

*All:* **Lord, have mercy.**

*Priest:* For our most holy Pontiff, (N), Pope of Rome, let us pray to the Lord.

*All:* **Lord, have mercy.**

*Priest:* For our most blessed Major Archbishop (N), our most reverend Metropolitan, (N), our God-loving Bishop, (N), the reverend priesthood. the diaconate in Christ, and all the clergy and the people, let us pray to the Lord.

*All:* **Lord, have mercy.**

*Priest:* For our nation under God, for our government, and for all the military, let us pray to the Lord.

*All:* **Lord, have mercy.**

*Priest:* For this city, for every city and country and for the faithful who live in them, let us pray to the Lord.

*All:* **Lord, have mercy.**

*Priest:* For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

*All:* **Lord, have mercy.**

*Priest:* For the seafarers and travelers, for the sick and the suffering. for those held captive, and for their salvation, let us pray to the Lord.

*All:* **Lord, have mercy.**

*Priest:* That we may be delivered from all tribulation, wrath, and misfortune, let us pray to the Lord.

*All:* **Lord, have mercy.**

*Priest:* Help and save, have mercy and protect us, O God, by your grace.

*All:* **Lord, have mercy.**

*Priest:* Remembering our most holy and immaculate, most blessed and glorious Lady, the Mother of God and ever-virgin Mary, together with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

*All:* **To You O Lord.**

*Priest:* (Silently) Lord, our God, Whose power is beyond comparison, Whose glory is beyond comprehension, Whose mercy is beyond measure, and Whose love for us all is beyond expression, in the kindness of your hear, O Master, look upon us and upon this holy church, and bestow on us and on those praying with us, the riches of Your mercy and compassion.

(aloud)

For all glory, honor, and worship befit You, Father, Son and Holy Spirit, now and forever and ever.

**All: Amen.**

(During the reading of the Kathisma, the priest solemnly transfers the Sacred Gifts to the Proskomedia Table and prepared the vessels. The people kneel at this time.)

**KATHISMA  
PSALM 120**

In my distress I called to the Lord,  
and he answered me.

O Lord deliver me from lying lip,  
from treacherous tongue.

What will he inflict on you, with more besides,  
O treacherous tongue?

Sharp arrows of a warrior  
with fiery coals of brushwood.

Woe is me that I sojourn in Meshech,  
that I dwell amid the tents of Kedar!

All too long have I dwelt  
with those who hate peace.

When I speak of peace,  
they are ready for war.

**PSALM 121**

I lift up my eyes to the mountains,  
whence shall help come to me?

My help is in the name of the Lord,

who made heaven and earth.

May he not suffer your foot to slip;  
    may he slumber not who guards you:  
Indeed, he neither slumbers nor sleeps,  
    the guardian of Israel.

The Lord is your guardian; the Lord is your shade,  
    He is beside you at your right hand.  
The sun shall not harm you by day.  
    Nor the moon by night.

The Lord will guard you from all evil;  
    He will guard your life.  
The Lord will guard your coming and your going  
    Both now and forever.

## **PSALM 122**

I rejoiced because they said to me,  
    We will go up to the house of the Lord.”  
And now we have set foot within your gates, O Jerusalem -  
    Jerusalem, built as a city with compact unity.

To it the tribes go up,  
    The tribes of the Lord,  
According to the decree for Israel,  
    To give thanks to the name of the Lord.  
In it as set up judgment seats,  
    seats for the house of David.

Pray for peace of Jerusalem!  
May those who love you prosper!  
May peace be within your walls,  
prosperity in your buildings.  
Because of my relatives and friends  
I will say, "Peace be within you!"  
Because of the house of the Lord, our God,  
I will pray for your good.

Glory be to the Father, and to the Son, and to the Holy Spirit,  
now and forever and ever. Amen  
Alleluia, Alleluia, Alleluia! + Glory be to You, O God (3x)

### SMALL LITANY

*Priest:* Again, and again in peace let us pray to Lord.

*All:* **Lord, have mercy.**

*Priest:* Help and save, have mercy and protect us, O God by  
Your grace.

*All:* **Lord, have mercy.**

*Priest:* Remembering our most holy and immaculate, most  
blessed and glorious Lady, the Mother of God and ever-virgin  
Mary, together with all the saints, let us commend ourselves and  
one another and our whole life to Christ our God.

*All:* **To You O Lord.**

*Priest:* (Silently) O Lord our God, be mindful of us sinners and  
your unprofitable servants, as we call upon your holy name, and  
put us not to shame for having placed our hope in your mercy,  
but graciously grant us, O Lord, all the means of salvation; make

us worthy to love and fear You with all our heart and to accomplish your will in all things.

(aloud)

For You are a good and loving God, and we give glory to You, Father, Son and Holy Spirit, now and for ever and ever.

*All:* **Amen.**

## **O LORD, I HAVE CRIED**

### **PSALM 140 (Tone 5)**

*~ Please Stand*

O Lord, I have cried out to You, hear me;  
Hear me, O Lord!  
O Lord, I have cried out to You, hear me.  
Receive the voice of my prayer  
When I call upon You  
Hear me, O Lord!

Let my prayer rise like incense before You;  
And the lifting of my hands  
as an evening sacrifice  
Hear me, O Lord!

*~ Please be Seated*

**For with the Lord there is mercy, and with Him there is plentiful redemption;\* and it is He who will redeem Israel from all its iniquities.**

Tone 5: Come, O faithful, let us fulfil the works of God in the light;\* and let us walk with dignity as in the light of day;\* let us tear up every unjust contract,\* and let us cast aside every object of scandal for our neighbour.\* Let us turn away from the pleasures of the flesh,\* so that we may grow in our spiritual gifts.\* Let us give food to the poor;\* let us draw near to Christ, and in repentance, let us say:\* O our God, have mercy on us.

**Praise the Lord all you nations,  
Proclaim His glory, all you people!**

Tone 2: Come, all you friends of the martyrs,\* let us celebrate this feast in the joy of the Spirit;\* for, on this day, the holy martyr Theodore prepares a spiritual banquet for us,\* the lovers of the feast;\* he brings joy to our hearts,\* and we cry out to him.\* Rejoice, invincible warrior, who has vanquished powerful tyrants;\* and for the love of Christ our God,\* you have given over your body of flesh to torments.\* Rejoice, for in the midst of dangers,\* you showed yourself to be a valiant soldier of the heavenly army.\* Therefore, we pray to you, O glory of martyrs,\* intercede for the salvation of our souls.

**Strong is the love of the Lord for us;  
Eternally will His truth endure.**

Tone 2: O holy martyr Theodore,\* you are truly the “gift of God,”\* for, being alive even after your death,\* you are attentive to the requests of those who come to you.\* A son was once seized from his mother\* and made a prisoner in the pagan army;\* the widow bathed your sanctuary with her tears;\* and you were moved with compassion.\* You mounted a white horse

and mysteriously returned her child;\* and even now, you do not cease to work miracles.\* Beseech Christ our God to save our souls.

*~ Please Stand*

**Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.**

Tone 2: O Virgin, the shadow of the law passed away\* with the realization of grace.\* For as the bush had burned without being consumed,\* so you gave birth while a virgin\* and you remained a virgin.\* Instead of the pillar of fire there rose the Sun of Justice;\* instead of Moses Christ God came forth,\* the Saviour of our souls.

(ENTRANCE with candles and incense)

*Priest:* Wisdom! Stand aright!

### **HYMN OF THE EVENING**

O Joyful Light! Light and Holy Glory of the Father Immortal  
The heavenly, holy the Blessed One, O Jesus Christ!  
Now that we have reached the setting of the sun,  
And see the evening light we sing to God, Father, Son and Holy Spirit. It is fitting at all times to raise a song of praise in measured melody to You. O Son of God, the Giver of Life. Behold the universe sings Your Glory.

*Priest:* Let us be attentive! Peace be with all. Wisdom! Let us be attentive!

**Prokimen I, Tone 5**

May the Lord answer in time of trial;\* may the name of Jacob's God protect you!

verse: May He send you help from His shrine and give you support from Sion!

*Priest:* Wisdom!

*Reader:* **A Reading from the Book of Genesis (2:20-3:20)**

*Priest:* Let us be attentive!

*Reader:* Adam gave names to all the cattle, to all the birds of heaven, and to all the wild animals of the field. But for Adam there was not found a helper comparable to him. Thus God brought a trance upon Adam, and he slept; and He took one of his ribs, and filled up the flesh in its place. Then the Lord God built the rib He took from Adam into a woman, and brought her to him. So Adam said, "This is now bone of my bones, and flesh of my flesh. She shall be called Woman, because she was taken out of Man. For this reason a man shall leave his father and mother and be joined to his wife; and the two shall become one flesh." Now the two were naked, both Adam and his wife, and were not ashamed.

Now the serpent was more cunning than all the wild animals the Lord God made on the earth. And he said to the woman, "Has God indeed said, 'You shall not eat from every tree of the garden'?" And the woman said to the serpent, "We may eat the fruit from the trees of the garden; but from the fruit of the tree in the middle of the garden, God said, 'You shall not eat from it, nor shall you touch it, lest you die.'" Then the serpent said to the woman, "You shall not die by death. For God knows in the day

you eat from it your eyes will be opened, and you will be like gods, knowing good and evil.” So when the woman saw the tree was good for food, was pleasant to the eyes, and a tree beautiful to contemplate, she took its fruit and ate. She also gave it to her husband with her, and he ate. Then the eyes of the two were opened, and they knew they were naked. So they sewed fig leaves together and made themselves coverings. Then they heard the voice of the Lord God walking in the garden that afternoon, and Adam and his wife hid themselves within the tree in the middle of the garden from the presence of the Lord God. So the Lord God called Adam and said to him, “Adam, where are you?” He replied, “I heard Your voice as You were walking in the garden, and I was afraid because I was naked; so I hid myself.” Thus He said, “Who said you were naked? Have you eaten from the one tree from which I commanded you not to eat?” Then Adam said, “The woman You gave me, gave me of the tree, and I ate.” So the Lord God said to the woman, “What is this you have done?” The woman said, “The serpent deceived me, and I ate.” Thus the Lord God said to the serpent, “Because you have done this, you are cursed more than all cattle, and more than all the wild animals of the earth. On your breast and belly you shall go, and you shall eat dust all the days of your life. I will put enmity between you and the woman, and between your seed and her seed. He shall bruise your head, and you shall be on guard for His heel.”

To the woman He said, “I will greatly multiply your pain and your groaning, and in pain you shall bring forth children. Your recourse will be to your husband, and he shall rule over you.” Then to Adam He said, “Because you heeded the voice of your wife, and ate from the one tree of which I commanded you,

saying, 'You shall not eat from it,' cursed is the ground in your labours. In toil you shall eat from it all the days of your life. Both thorns and thistles it shall bring forth for you, and you shall eat the herb of the field. In the sweat of your face you shall eat bread till you return to the ground from which you were taken. Earth you are, and to earth you shall return." So Adam called his wife's name Life, because she was the mother of all living.

### **Prokimen II, Tone 6**

O Lord, arise in Your strength;\* we shall sing and praise Your power.

verse: O Lord, Your strength gives joy to the king; how Your saving help makes him glad!

(Then the celebrant taking a candle and the incense blessed the altar and the people sing....)

*Priest:* Wisdom! Let us be attentive!

(Blessing the people) The Light of Christ enlightens all.

(The people make three prostrations)

*Priest:* Wisdom!

*Reader:* **A Reading from the Book of Proverbs (3:19-34)**

*Priest:* Let us be attentive!

*Reader:* The ways of wisdom are good ways,  
And all her paths are in peace.  
She is a tree of life for all who cleave to her,

And she is security for those who lean upon her as upon the Lord.

God by wisdom founded the earth  
And prepared the heavens with discernment.  
With perception the depths were broken up,  
And the clouds flowed with dew.

My son, do not be careless,  
But keep my counsel and thinking,  
That your soul may live,  
And grace may be around your neck.  
And there will be healing for your flesh  
And care for your bones,  
That you may walk confidently in peace in all your ways,  
And your foot may not stumble.  
For if you sit down, you will be without fear,  
And if you lie down, your sleep will be pleasant.  
And do not be afraid of intimidation when it comes upon you,  
Nor of the attack of the ungodly when it comes at you;  
For the Lord will be over all your ways,  
And He will plant your feet firmly, that you may not be shaken.  
Do not withhold doing good to the needy,  
When you may give a helping hand;  
Do not say, when you are able to do good,  
“Come back tomorrow, and I will give you something”;  
For you do not know what the next day will bring forth.  
Do not devise evil things against your friend  
Who dwells beside you and trusts in you.  
Do not be ready to quarrel with a man in vain,  
Lest he do you some harm.  
Do not incur the reproach of evil men,  
Neither seek their ways.

## THE GREAT INCENSING

*~ Please Kneel*

*Priest:* Let my prayer rise like incense before You, and the lifting of my hands, like an evening sacrifice.

*~ Please Stand*

*All:* Let my prayer rise like incense before You, and the lifting of my hands, like an evening sacrifice.

*~ Please Kneel*

*Priest:* O Lord, I have cried to You, hear me. Receive the voice of my prayer when I call upon You.

*~ Please Stand*

*All:* Let my prayer rise like incense before You, and the lifting of my hands, like an evening sacrifice.

*~ Please Kneel*

*Priest:* Set a guard, O Lord before my mouth and a portal around my lips.

*~ Please Stand*

*All:* Let my prayer rise like incense before You, and the lifting of my hands, like an evening sacrifice.

*~ Please Kneel*

*Priest:* Incline my heart away from evil dealings from finding excuses for sinful deeds.

*~ Please Stand*

**All:** Let my prayer rise like incense before You, and the lifting of my hands, like an evening sacrifice.

*~ Please Kneel*

**Priest:** Let my prayer rise like incense before You,

*~ Please Stand*

**All:** and the lifting of my hands, like an evening sacrifice.

(All make three prostrations)

### **INSISTENT EKTENIA**

*~ Please be Seated*

**Priest:** Let us all say with our whole soul and our whole mind, let us say

**All:** Lord have mercy.

**Priest:** Almighty Lord, God of our Fathers, we pray You, hear us and have mercy.

**All:** Lord have mercy.

**Priest:** Have mercy on us, O God, in the greatness of Your compassion, we pray You, hear us and have mercy.

**All:** Lord have mercy. (3x)

**Priest:** We also pray for our most holy universal Pontiff, (N.), Pope of Rome; for our most blessed Major Archbishop (N.), our most reverend Metropolitan, (N.), our God-loving Bishop, (N.), for those who serve and have served in this holy church, for our spiritual fathers, and for all our brothers and sisters in Christ.

**All: Lord have mercy. (3x)**

**Priest:** We also pray for our nation under God, for our government, and for all the military.

**All: Lord have mercy. (3x)**

**Priest:** We also pray for the people here present who await Your great and bountiful mercies, for those who have been kind to us, and for all orthodox Christians.

**All: Lord have mercy. (3x)**

**Priest:** For You are a merciful and loving God, and we give glory to You, Father, Son and Holy Spirit, now and for ever and ever.

**All: Amen.**

**Priest:** Again, and again in peace for the faithful pray to the Lord.

**All: Lord have mercy.**

**Priest:** (silently) Holy Mother, infinitely good, we beseech You who are rich in mercy to have pity on us sinners and to make us worthy of receiving your only Son and our God, the King of Glory. For behold, his spotless body and life-giving blood are about to make their entrance at this time and to be laid on the mystical table, escorted by angel hosts unseen. Make us receive them in blameless communion, that when the eyes our understanding are enlightened, we may become children of light and day.

(aloud)

Through the gift of your Christ with whom you are blessed,  
together with you holy, good, and life-giving Spirit, now and for  
ever and ever.

**All: Amen.**

*~ Please Kneel*

### **GREAT AND SOLEMN ENTRANCE**

Now the Powers of heaven minister with us invisibly.  
For behold the King of glory is entering.  
This is a mystical Sacrifice perfected being carried high.  
Let us approach with faith and love  
So that we may be partakers of eternal life.  
Alleluia, Alleluia, Alleluia  
(All make three prostrations)

*~ Please be Seated*

### **LITANY**

**Priest:** Let us complete our prayer to the Lord.

**All: Lord have mercy.**

**Priest:** For the precious gifts which have been presented and  
presanctified, let us pray to the Lord.

**All: Lord have mercy.**

**Priest:** That our loving God, Who has received them as a  
spiritual fragrance upon His holy, heavenly and mystical altar,  
may send down on us in return His divine grace and the gift of  
the Holy Spirit, let us pray.

**All: Lord have mercy.**

*Priest:* That we may be delivered from all tribulation, wrath, misfortune, Let us pray to the Lord.

*All:* **Lord have mercy.**

*Priest:* Help and save, have mercy, and protect us, O God, by Your grace.

*All:* **Lord have mercy.**

*Priest:* That this whole evening may be perfect, holy, peaceful, and sinless, let us ask the Lord.

*All:* **Grant this, O Lord.**

*Priest:* For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

*All:* **Grant this, O Lord.**

*Priest:* For the forgiveness and remission of our sins and offenses, let us ask the Lord.

*All:* **Grant this, O Lord.**

*Priest:* For all that is good and beneficial for our souls and for peace for the world, let us ask the Lord.

*All:* **Grant this, O Lord.**

*Priest:* That we may spend the rest of our lives in peace and repentance, let us ask the Lord.

*All:* **Grant this, O Lord.**

*Priest:* For a Christian end to our lives, one that is painless, unashamed, and peaceful, and for a good defense at the awesome tribunal of Christ, let us ask the Lord.

**All: Grant this, O Lord.**

**Priest:** Having asked for unity of faith and the fellowship of the Holy Spirit, let us commend ourselves and one another and our whole life to Christ our God.

**All: To You, O Lord.**

**Priest:** (silently) O God of ineffable and invisible mysteries with whom are the hidden treasures of wisdom and knowledge, who have revealed to us, the service of this liturgy and who, through your great love for us all, have established us sinners for the offering of gifts and sacrifices to You for our sins and for the people's faults; O You, King invisible, who perform great works, inscrutable and glorious marvels which cannot be numbered: look upon us your unworthy servants who stand, as before your throne of the cherubim, at this holy altar where your only begotten Son, our God, reposes under these awesome mysteries offered here. And deliver us all and your faithful people from impurities; sanctify the souls and bodies of all of us with a sanctification that cannot be taken away, so that partaking of these divine mysteries with a pure conscience, faces unashamed and enlightened hearts, and being enlivened by them, we may to be united with your Christ Himself, our true God, who said "He who eats my flesh and drinks my blood abides in me and I in him." Thus, your Word having his abode in us and walking in our midst, O Lord, we become a temple of your all-holy and adorable Spirit, being delivered from every wile of the devil working in our acts, words, and thoughts: and we shall obtain the blessings your promised us, together with all the saints who pleased you since time began.

(aloud)

Make us worthy, O Master, with confidence and without condemnation to dare call You, the heavenly God, Father and say:

*~ Please Stand*

***All:* Our Father, Who art in heaven, hallowed by Thy name. Thy kingdom come. They will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us and lead us not into temptation but deliver us from evil.**

***Priest:*** For the kingdom, the power, and the glory are Yours, Father, Son and Holy Spirit, now and for ever and ever.

***All:* Amen.**

***Priest:*** + Peace be with all.

***All:* And with your spirit.**

***Priest:*** Bow you heads to the Lord.

***All:* To You, O Lord.**

***Priest:*** (silently) O God, the only one good and compassionate, who dwell on high and look upon the humble: look with compassionate eyes upon your people and preserve them. Grant us all to partake without condemnation of these your life-giving mysteries, for it is before You that we bow our head in the hope of your abundant mercy.

(aloud)

Through the grace, mercies and loving-kindness of Your only begotten Son with Whom You are blessed together with Your most holy, good and life- giving Spirit, now and for ever and ever.

**All: Amen.**

*~ Please Kneel*

**Priest:** (silently) Attend, O Lord Jesus Christ, our God, from Your holy dwelling and from the throne of glory in Your kingdom, and come to sanctify us, You Who are seated on high with the Father and are invisibly present here with us. Deign to give us with Your mighty hand Your most pure Body and precious Blood, and through us, to all the people. God be merciful to me a sinner (three times)

## **COMMUNION SERVICE**

(aloud)

Let us be attentive! Holy Presanctified Things for the holy!

**All: One is Holy, one is Lord, Jesus Christ, to the glory of God the Father. Amen.**

**Taste and see, taste and see how good is the Lord, how good is the Lord, how good is the Lord. Alleluia, alleluia, alleluia.**

**I believe, O Lord, and confess that You are truly Christ, the Son of the Living God, Who came into the world to save sinners, of whom I am first. Accept me this day, O Son of God, as a partaker of Your mystical Supper. I will not tell the mystery of Your enemies, nor will I give You a kiss as did Judas, but like the thief, I confess to You:**

**Remember me, O Lord, when You come into Your kingdom.  
Remember me, O Master, when You come into Your  
kingdom.**

**Remember me, O Holy One, when You come into Your  
kingdom.**

**May the partaking of Your Holy Mysteries, O Lord, be unto  
me not for judgment or condemnation but for the healing of  
souls and body.**

**God be merciful to me, a sinner.**

**God, cleanse me of my sins and have mercy on me.**

**I have sinned without number, forgive me, O Lord.**

*Priest:* Approach.

*All:* **I will bless the Lord at all times, Alleluia, alleluia,  
alleluia**

(The faithful approach with reverence to receive the most  
precious Body and Blood of our Saviour).

*~ Please Stand*

*Priest:* Blessed be our God, always now and for ever and ever.

*All:* **Amen.**

**We thank You, O Christ our God that you have made us  
worthy to be partakers of your most pure body and your  
precious blood which is poured out unto the whole world for  
the forgiveness of sins the mystery of your concern. Alleluia,  
alleluia, alleluia.**

*Priest:* Stand aright! Having received the divine holy, immaculate, immortal, heavenly, and life-giving, awesome Mysteries of Christ, let us rightly give thanks to the Lord.

*All:* **Lord, have mercy.**

*Priest:* Help and save, have mercy, and protect us, O God, by Your grace.

*All:* **Lord, have mercy.**

*Priest:* Having asked that this whole evening may be perfect, holy, peaceful, and sinless, let us commend ourselves and one another, and our whole life to Christ our God.

*All:* **To You, O Lord.**

*Priest:* (silently) We thank You, Saviour and God of the universe, for all the blessings You bestowed upon us and for our partaking of the holy body and blood of your Christ. And we pray You, Master who love us all: keep us under the shadow of your wings, and grant us to partake worthily, even until our last breath, of your holy mystery for the enlightening of our souls and body and the inheritance of your heavenly kingdom.

(aloud)

For You are our sanctification and we give glory to You, Father, Son and Holy Spirit, now and for ever and ever.

*All:* **Amen.**

*Priest:* Let us go forth in peace.

*All:* **In the name of the Lord.**

*Priest:* Let us pray to the Lord.

**All: Lord, have mercy.**

**Priest:** Almighty Lord who created the whole universe in wisdom; who by your ineffable providence and great goodness have brought us to these salutary days for the purification of our souls and bodies, for the control of our passions and for hope in the resurrection; You who are forty days gave Moses, your servant, the tablets of the law inscribed by your divine hands: enable us also, O Good One, to fight the good fight, to run the course of the fast, to keep the faith, to crush the heads of the invisible dragons, to come out victorious over sin to attain without reproach unto the worship of your holy resurrection. For blessed and glorified is you most honorable and magnificent name, Father, Son and Holy Spirit, now and for ever and ever.

**All: Amen. Blessed be the name of the Lord now and for ever. (3x)**

**Priest:** (silently) O Lord our God, who brought us to these most salutary days and permitted us to partake of your awesome mysteries: unite us to your spiritual flock and make us heirs of your kingdom, now and for ever and ever. Amen

The blessing of the Lord be upon you with His grace and love for us all, always, now and forever and ever.

**All: Amen.**

**Priest:** Glory be to You, O Christ our God, our hope, glory be to You.

***All:* Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen. Lord, have mercy. Lord, have mercy. Lord, have mercy. Give the blessing.**

***Priest:*** Christ our true God, through the prayers of His immaculate Mother, the holy, glorious, and all-praiseworthy apostles, of our father among the saints, Gregory the Great, Bishop of Rome, and of all the saints, will have mercy on us and save us, for He is good and love us all.

***All:* Amen.**